



Parador de
**DE LA
GOMERA**





Ready?

Your imagination will be hard pressed to describe the landscape of La Gomera and the spectacular ocean views from the Parador, with the island of Tenerife and Mount Tiede on the horizon. Built in the island architectural style, the hotel is decorated as if it were a keepsake of the age of Columbus, when ships departed the island bound for the Americas. The Parador de la Gomera offers comfortable guest rooms, a swimming pool and a lush garden with subtropical plants. It will be your little paradise. San Sebastián, the island's capital and port of entry, was Columbus's last port of call on his voyage to discover America. This small island boasts two treasures which have been declared part of our World Heritage: Garajonay National Park and Silbo Gomero, a whistling language used to communicate across the ravines. Hiking in Garajonay National Park will take you back in time, where you will discover species that disappeared from other parts of the planet millions of years ago. This lovely place is the site of an equally beautiful legend, to which it owes its name. Two lovers, Gomera princess Gara and Jonay of Tenerife, on realizing that their love was impossible, chose to drive a spear through their bodies and throw themselves off the highest peak on the island. From its spectacular location above the town of San Sebastián de la Gomera, the Parador is an oasis of peace in the middle of the Atlantic, the perfect spot to enjoy the beach, natural surroundings and garden, where you can sit in the sun and breathe in the peace and tranquility.



















HOW TO ARRIVE

The island can be reached by boat from Port Los Cristianos on Tenerife or by plane from Tenerife and Gran Canaria.

INFORMATION

Address	Lomo de la Horca, s/n 38800 San Sebastián de la Gomera Santa Cruz de Tenerife
Phone	+34 922871100
Fax	+34 922871116
Email	gomera@parador.es
Coordinates	Latitude: 28.091.140 Longitude: -17.108.140
Director	M ^a Celestina Darías Mendoza

SERVICES AND FACILITIES

 air conditioning	 satellite dish	 elevator
 bar	 safe	 foreign exchange
 conferences and meetings	 garden	 mini-bar
 no animals	 parking	 seasonal swimming pool
 restaurant	 credit cards	 telephone in guest rooms
 TV in guest rooms		



OUR CULINARY OFFER

The island's excellent products from the surrounding sea, unique crops and characteristic customs are the main ingredients of the simple, delicious cuisine offered by the restaurant at the Parador de la Gomera. You will enjoy such traditional dishes as watercress stew, almogrote (cheese spread), boiled parrotfish and leche asada (baked caramel custard) with palm honey.

We also offer experiences such as outdoor dinners during the summer months and lunches in the arbor by the swimming pool. Come and sample the delicious cuisine of the Canary Islands, with its mojos (dipping sauces), papas arrugadas (potatoes boiled in their skins) and palm honey.

GASTRONOMY SPACES

Chef	Juan José Alonso Calvo	Opening Hours
Maitre	Vicente Hernández Cubas	Cafetería 10:30 - 24:00
Menú	33	Desayuno 07:30 - 10:30
Menú para grupos	30	Almuerzo 13:30 - 15:30
		Cena 19:30 - 22:30

Restaurante Conde Niebla Regional

Especialidades Almogrote on Toast, Papas Arrugadas with Mojo, Kid Goat, Cod, Baked Pompano with Sweet Potato Foam, Palm Honey Foam, Leche Asada (baked caramel custard)

What to do?

- Parque Nacional de Garajonay (15 km)
UNESCO World Heritage Site
- Demonstration of the 'Silbo Gomero' (Gomeroan whistled language) (20 km)
San Sebastián de la Gomera
Torre del Conde
Columbus's House

ACTIVITIES

- Mountain biking
- Boat rides
- Excursions to nature reserves
- Golf
- Swimming
- Underwater fishing
- Hiking
- 4x4 vehicles



PARADORES

Hoteles & Restaurantes 1928

Surrounded by extraordinary natural landscapes or situated in the most beautiful historic areas, our 94 Paradores are housed in palaces, former convents and monasteries, medieval castles or buildings of great historical value. Many of the Paradores are essentially museums and all of them contain antiques, tapestries, paintings or rugs that are true works of art. A Parador is much more than a hotel...a Parador combines all the charm of the past with the comfort and quality of the modern service we expect today.

All this is accompanied by a select variety of culinary offerings which includes the specialties and traditional products of each area, allowing you to take a fascinating and delicious tour of the most exquisite dishes of our classic regional cuisine. We invite you to discover the charm and magic of Spain—its traditions, its towns and villages, its legends, its gastronomy and its people—through our Paradores.





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Info and booking

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